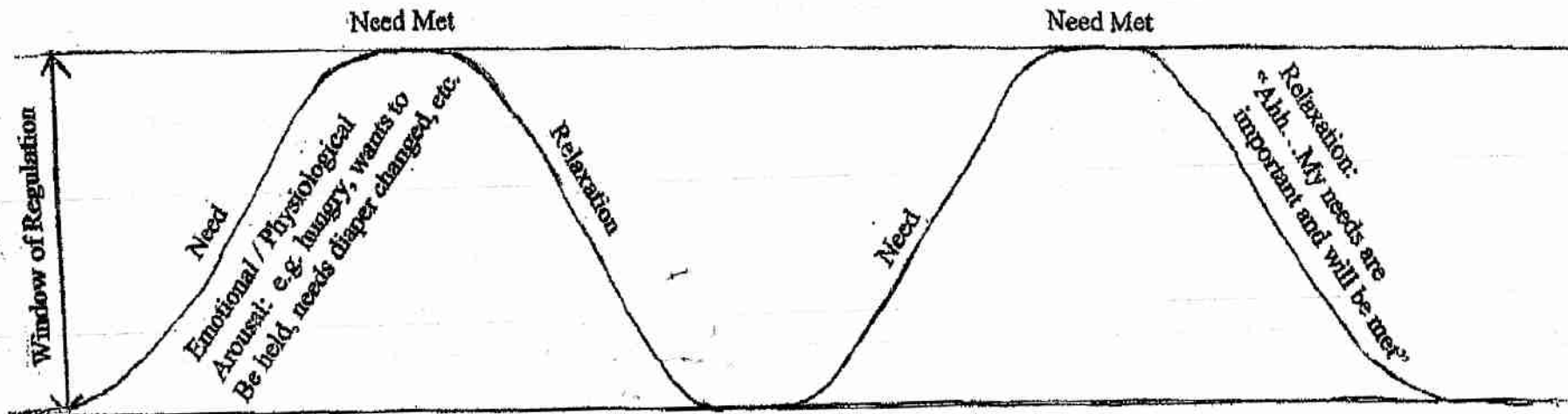


Look at the top of your screen for buttons to zoom in and out.



Optimal Emotional / Physiological Arousal & Relaxation Cycle:
Resources one for healthy nervous system regulation & trust patterning
in relationship

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